

2018

These poems are meant to be pondered over.
There is a message contained in each one.
There is a riddle to be solved.
I hope they may contain meanings for your life.

Poems By Richard 21

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Politics Hold Your Emotions

When it comes to politics hold your emotions.
Don't spew anger.
Be tolerant towards the other side.
Be calm.
Be united.
Look at both sides of the issue.
Don't sink to the level of your opponent.
That may be difficult.
You can do it.
Merge your ethics and actions together.
Don't speak whatever comes to your mind.
Stop look and listen.
There is an art to holding back your anger.
Unfortunately, we are throwing stones at each other.
In order to change America, we must be united.
We must become one regardless of our points of view.

Pokemon

My daughter loves to play Pokemon.

Good versus evil.

Do we all play Pokemon in our daily lives?

We size up our characters as good versus evil.

We all have mo

Practice What You Preach

Practice what you preach.
How many times have we heard this expression?
Yet does man truly follow it?
The world would be different.
Harmony would reside.
We would accept all people, races, and colors.
Man would rejoice that we're all different yet the same.
It all begins with practice 'what you preach'.

President

I admit I'm a little confused.
In olden time a president would be thrown out of office saying such things.
I can grab women by the pussy and get away with it.
I can shoot someone in the street and nobody would care, they would still vote for
me.
Let's build a giant wall and Mexico will help build it.
No more Muslims will be allowed into our country.
Let's put Hillary into prison.
The list goes on and on.
Yet America voted for him.
Have we lost our morals?
We know the system is broken.
Both parties have lost touch with the common American.
A president used to be dignified.
Your fired is coming your way.

President Obama

I love President Obama.
In my eyes, he did an incredible job.
Many of my friends despised him.
To be truthful I think they are racist.
I feel that Obama put his body, mind, heart and soul into his job.
He had to make many difficult decisions.
He got a lot done despite congress saying they would go against him all along the way.
They complained when he used executive orders.
How else do you think he could get his job done?
The Republicans criticize him every step of the way.
He and his wife kept their composure.
There were no scandals on board his watch.
I feel he was a man of dignity.
Time will tell what Americans think.

Rainy Day

It's a rainy day and I'm on the bus.
How beautiful is the rain?
I love the sound of the pithier patter of the rain.
Raindrops explode on the windshield.
The driver gets hypnotized by the windshield wipers.
How soothing is the rain?
Nature drinks it all in, while humans complain.
The trees appear to be a brighter green.
The air truly is fresh.
My mind is totally relaxed

Respect

Respect all religions.
They are all talking about the same thing.
They may have different points of view.
That's life.
Each one has a different spark behind it.
Yet all the sparks are of universal love.
Don't mock another religion.
It may be different for you.
If you lived in that area you would probably be that religion.
You would mock the religion you were.
Don't let areas where you are born to make you prejudice towards another belief.
All the great masters have said be tolerant.
Be kind.
Love your fellow man.
Respect all life.
Ponder this riddle.

Rest In Peace

We all say rest in peace when someone has died.
Yes, in fact, they do return home.
They become the universe.
Yet how about RIP when we are alive?
Is that a novel concept?
Is that even possible?
The answer is yes.
Peace lies inside of you.
It is your true nature.
Discover peace within.

Richie RIP

My dear friend Richie died a few days ago.
I haven't seen him in over 30 years.
He was a great singer.
He loves to meditate.
Combine these two and he sang like an Angel.
He could lite up an auditorium when he sang.
Richie was humble.
There was no aura of look how great I am.
He just loved to sing.
Richie and I worked together for a few years.
We would laugh and tell stories while we worked.
Even after all this time, I feel our friendship will never go away.
Rest in peace Richie.
May you sing forever !!!

Riddles

This life is a riddle.
You are alive to solve the riddle of life.
Who am I?
Many different riddles have been presented to you.
Have you seen anything in common?
All the riddles point to going within.
The answers don't exist outside of you.
The answers are hidden within.
They have always been there.
You have been looking in the wrong places.
All the great masters have said the same thing.
The kingdom of heaven lies within.
If there is a hint to solve the riddle of life there it is.
Remember only you can solve this riddle.
Nobody can do it for you.
You can solve this riddle.

Root

One definition of the word root is as follows.
The basic cause, source, or origin of something.
With that definition in place, what is our origin?
Where do we come from?
Is there a place where we came from when we are born?
Is there a place we go to when we die?
What is the root cause of all?
Can we know our origins when we are alive?
There are many questions we have about our roots.
Ponder this message.
It will make you think where you came from.

Rubbish

Traveling on a train I see so much beauty.
Flowers trees and flat lands.
Yet man throws his rubbish on the ground.
Junk cars are everywhere.
Trash is spewed everywhere.
We are throwing trash in our living rooms.
How smart must we be?

Rules Of Life

If this creation has a rule of life I think it would be the following.

Love

Simple it is.

Love created the universe.

Love created this beautiful planet.

Love created you and me.

Love is kind and patient.

God is love.

Love is God.

Sit still and feel the love of God in your heart.

Running On Empty

How you ever felt life your life is running on empty?
We come unto this life with a full tank of gas.
Life is incredible.
As we drive this car of life our fuel gauge goes down.
It's down to $\frac{3}{4}$ full.
We don't need to think about fueling up.
We have plenty of gas.
We continue on this incredible journey.
Now our tank is half full.
Still plenty of time.
Wow, it's now $\frac{1}{4}$ full.
Where did all this time go?
Where is the nearest gas station?
I'm running on empty.
How do you fuel your car of life?
Discover the source within your heart.

Scared Of The Dark

When I was young I was scared of the dark.

I had good reasons too.

I was in fifth-grade collecting paper route money when it was dark.

I was walking down the street when some man was hiding in the bushes and he yelled "Hey kid come here"

I ran away as fast as I could.

From then on I was traumatized.

I was scared to even to take out the trash at night.

My mind would always remind me of the incident.

When I was 18 years old I aspired to travel around the world.

How could I do that if I was afraid of the dark?

Good question.

To make a long story short I had to overcome my fears.

Years late I love the dark.

You Are Magnificent

You are magnificent.

You are glorious.

You are the universe.

You are God.

You are love.

You are kind.

You are patient.

You are compassion.

You are tolerant.

You are the light of this world.

Discover your true nature.

Ponder over these words.

The truth exists inside of you.

Same Old Story

I'm sure people say the poet says the same old story, but what a story.
This story will be told for time immemorial.
This story is old yet new.
As a matter of fact, it hasn't been born yet.
This story is a paradox.
So listen to the words.
From time immemorial the story has been told.
Different storytellers, but talking about the same story.
Mankind likes a good story.
We just have to know the story of life.
The story is weaved throughout our life.
I once saw the show on public television 'The power of myth' by Joseph
Campbell.
He has since left this place.
But his words and stories carry on.
Deep within our subconscious lies the story.
Each culture holds the flame.
It is the same fire, just the story is different.
We live in such a fast-paced world.
Just remember the story.
Same old. Same old.
What a story?

San Francisco

San Francisco is my favorite city.
The city has such a character to it.
It truly accepts all.
The people of San Francisco are tolerant.
They know all about diversity.
There's everyone for A to Z living here.
The streets are so interesting?
People all around.
There is such a beautiful pace to it.
Almost every cuisine known to man is here.
Representing people near and far.
There is a great sense of culture here.
From conservation to beyond liberal.
Yet this city lives in harmony.
San Francisco, you have shown the world can live in diversity.

Security

This world can scare the living daylight out of you.

Man's own inner world can do the same.

We are at times so scared.

Security is a place that lies inside.

Our father and mother hold us.

A wise man finds the true security within.

Shower Of Love

Did you know that meditation is like a shower of love?

You close your eyes and go inside.

There is a shower of love that is keeping you alive.

The water is neither hot nor cold.

Just perfect.

The spray of love is custom-made for you.

There you will find your true nature.

All of your worldly concerns go away.

You are not escaping the life you are embracing life.

This is who you truly are.

All the great masters have said go within.

The kingdom of heaven lies within.

Ponder the meaning of these words.

You can solve this riddle.

Solve This Puzzle Of Life

Solve this puzzle of life.
These precious words.
Well, they are precious to me.
These sayings have many riddles and pieces of the puzzle to solve.
They are meant to put salt into your food.
They are meant to create a thirst to discover your true nature.
You are the universe.
You just don't know it.
Your nature is kind.
You are eternal.
You have always existed.
Yet we are alone.
At times we feel helpless.
Well, help is on the way.
Here's a toast for you to dive into your heart to discover your true nature.
You can solve this riddle.

Strangers

How is it we are strangers to ourselves?
We have forgotten who we truly are.
We think we are only this body yet we are the universe.
We are strangers to ourselves.
No wonder at times we feel so alone.
The universe is watching over us while we are oblivious to it.
We are the universe.
We just don't know it.

Strength

What is the greatest strength?
It's easy to lash out at others.
But how easy is it to hold on to yourself and refuse to participate in anger.
Is strength measure by brute force?
Brute force is not the answer.
Brute force is like a rock.
Powerful yes.
But inner strength is like water.
Over time it will dissolve the rock.
Man has relied on brute force for so long.
Maybe in this arena, Darwin's theory doesn't hold too well.
How far have we progressed?
Do we need our animal instinct?
Do we need to lash out and have wars?
Maybe we need to discover our true inner strength.
Man will be gentle yet strong.
He will drop his chains.

Stuff It In Our Closet

How much do we stuffs things and place them in our closet?
We know we should stop smoking.
Yet we stuff this into our closet.
We know we have an anger problem yet we stuff it into the closet.
How large is the closet?
We have a lot of junk along the way.
Maybe it's time for spring cleaning.
Let's go one by one and say do I really need this.
Just choose one item from the closet.
This will make your life easier.
One day you will open up the closet of life and discover nothing is there.
You will enjoy no more baggage.

Synchronicity

The definition of synchronicity is the coincidental occurrence of events and especially psychic events (as similar thoughts in widely separated persons or a mental image of an unexpected event before it happens)

How does that sound?

Spooky.

All of us had this feeling before.

We can't quite pinpoint it.

It's a part of us is beyond time and space.

It's called our higher selves.

This part is like a cosmic soup where the entire universe came from.

It is beyond time and space.

As humans, we are hard-wired for this experience.

This is why at times we have the feeling of synchronicity.

Somehow we tap into this state and bring something up which is out of the ordinary.

A mystic's state of mind is ordinary yet for us it's not.

We all have these gifts inside of us.

Look within for the answers.

Take Off Your Mask

We come into this world knowing we are the universe.
Over time we have forgotten our true nature.
We create masks to reflect who we think we are.
Over time we play stupid games with one another.
My mask is better than yours.
I'm declaring war on you.
I don't like your mask.
I going to gossip about you.
I like your mask.
I'm still going to gossip about you.
The great masters have said take off your mask.
Discover your true nature.
Remember who you were before you were born.

Take Your Religion To Heart

Take your religion to heart.
Don't think that one hour a week is enough.
Your master taught that your entire life has meaning and purpose.
Stop all the name calling.
Grow up.
Be an adult.
Don't spew angry.
Be kind.
Love your neighbor.
Listen to one another.
We are all one family.
Stop the judgment calls on different religions.
They all point to the same God.
Practice what your great master have said.
We can all do this.

Television

I must admit I'm fascinated about television.
I'm fascinated by how it actually works.
Can you imagine a TV camera capturing live, and sending via a satellite the
images?
You ultimately pick up these images in real time.
You can change the channel anytime you like.
It's up to you.
Yet whenever I think about it, I'm still fascinated by it.
These signals exist in the air.
If we don't turn the TV on and change the channel, the TV doesn't do anything to
us.
People have taken the TV for granted.
Now the wise man has said that the kingdom of God lies within.
Imagine if God is constantly sending us signals 24 hours a day.
The signals are there but how do we receive them?
We need an inner TV.
We were provided one when we were born.
It lies inside of us.
All we have to do is to dust it off.
Turn the TV on.
Change the channel.
You will then discover the mystery of life.
Maybe it seems too simple.
It is.
That's why we have never turned it on.
We perceive the truth to be difficult, not merely turning on the inner TV.

The Choice Is Ours

Imagine the universe is timeless.
Just think there may be ancient civilizations in the past on a small planet long ways
away.

Imagine they went through the same things we did.
They went though there wars.
They reached a point where they could either blow their world apart or bring peace
to their planet.

God does not save us.
We must save ourselves.
Can you imagine if these ancient ones all realized their true nature?
What kind of lessons can we learn from them?
What kind of wisdom do they have?

Is this entire universe built so we have the opportunity to discover our true nature?
The choice is up to us.
We have never been held back from God.
We hold ourselves back.

The Carrot On The Stick

We come into this world with a carrot on the stick.

We are looking for happiness all over the place.

We think if only I had this and this I would be happy.

We are never completely satisfied.

We may get that brand new car yet years later we junk the car.

Everything changes.

Nothing remains the same.

So where is the true carrot?

Does it even exist?

Is this pursuing happiness a joke on us?

Are we our own worst enemy in finding our true nature?

The masters have said discover your true nature by looking in the mirror within.

Remember only you can solve this puzzle.

The Day The World Changed

I remember a day in my life that changed my life forever.

It was the day of my graduation from high school.

Something inside of me knew that I graduated and know my life was about to change forever.

My childhood was like a cocoon.

I was protected.

I had my family and friends.

I lived in the same house all throughout my school years.

Yet I knew that I was about to embark on a journey that would last a lifetime.

All of my friends would soon be scattered across the US.

I knew that when I left that day a major chapter has ended.

My security was taken away.

I had to find my true home wherever I went.

Home is a state of mind.

I said goodbye to my friends and traveled around the world.

My life has never been the same since.

The Dilemma

Here's the dilemma.
The universe is linear or so it seems.
We can travel in a linear fashion earth to the moon.
Everything we do is linear.
We think that God is in heaven sitting on a throne.
We think that angels have wings.
Yet what if God is a multidimensional energy.
A scientist can only see 3D.
God is beyond 3D.
The creation is 3D yet the creator is beyond 3D.
Your true self-exists in both 3D and beyond.
This is a great mystery.
This is the dilemma.
How can something that is 3D find God that is 3D and beyond?
This is the true game of life.
Find out who you truly are.

The Diversity Of Life

At times man is so stuck in his ways.
I have seen so many people, who lives is built on meat and potatoes.
There is nothing wrong with that cuisine.
But when they go to an ethnic restaurant, they want their meat and potatoes.
They cannot comprehend that there are boundless cousins out there.
America has probably 2 percent of the world's population.
There is a diverse world out there.
People of all race, color, and creeds.
They eat and drink completely different.
Reach out and embrace the diversity of life.
Every country has its own diversity.
We do not want the world to live exactly like we do.
Each culture has an identity to maintain.
In America, we live in a melting pot.
How fortunate are we?

The Door Of Life

Don't shut the door of life?
It was meant to be open.
Unfortunately, man has closed the door to life.
What is beyond the door?
You are the universe you just don't know it.
You are the sun, moon, and stars.
You are the great mystery.
Only you can open the door within.

The Drama Queen

Is the world like a drama queen?

Are we addicted to drama?

We have wars and politicians can hardly wait to start another war.

We have huge sporting events where thousands of people are rooting for their team.

At time fistfights break out in the stands.

Our evening news is all about the latest drama in the news.

Have we as a society become a drama queen?

We love reality TV.

We love the drama of it.

Boy did you see that episode?

That was crazy.

Our mind loves drama.

It doesn't know anything different.

You want peace and your mind wants drama.

The wise man says think this over.

How do I acquire peace inside?

That is the first step.

The Earth Is Not Flat

It was not long ago that western man believed that the earth was flat.
Even during the time of Columbus man carried this idea.
If you sailed your ship far enough it would eventual fall of the earth.
Yet thousands of years before the ingenious people knew the world was round.
They knew that the earth and the planets revolved around the Sun.
They knew many of the secrets that Astronomers have today.
Yet they didn't have any instruments.
They didn't have any telescopes.
Yet they knew.
Where did that knowledge go?
Did we take a few major steps backward?
I would say so.
Does a human being have the capability to become one with the universe and still
be in a human body?
That's a riddle you must solve.

The Engine Of DNA

Man finished the genome project around 15 years ago.

What were their findings?

97% is junk DNA while 3% is known

Kyron a great being says the God did not create junk.

You just don't have the tools to understand what you are seeing.

The so called junk DNA is quantum.

Inside of your DNA lies God.

Inside of your DNA lies your higher self.

Your engine of life is running at 30%.

The great master had their engines roaring at 100%.

They were no different than you.

Maybe it's about time to realize the God within.

Your gas tank is near empty.

Maybe it about time to fill it up.

You are running on fumes.

The Field Ripples Everywhere

Did you know there is a field of life that ripples everywhere?
It ripples faster than you can read these words.
It is felt instantaneous all across the universe.
How about that?
We haven't even developed anything near the speed of light.
Yet the field transfers information instantly.
Do you see how your actions affect the universe?
Did you ever ponder that over?
Your anger ripples across the universe.
Is it worth it?
Now is the time to change.
Be kind.
Your kindness will ripple everywhere.
Your light will shine everywhere.
You can be a true beacon.
You have no idea how grand you are.
The universe is rooting you on.
You have a grand part in this play.
You are the main actor.
Ponder these words.

The Genie

There is a genie that we all have.

When you say I'm angry.

Guess what you're angry.

When you say I'm sad.

Guess what you are sad.

When you say I'm alone.

Guess what you are alone.

Whenever you say I am.

You are.

Words are powerful.

The words you speak create the person you become.

Realize the power of your speech.

Look at what you have created.

You are in charge of your own creation.

You can create heaven or hell.

It's your choice.

The Greatest Coach

I think that God is the greatest coach.
He allows us to make mistakes, and not judges us.
He remains on the sidelines and is rooting for us.
He will not play the game for us.
At times he brings in great players to inspire us.
These players say that we all can play just like them.
They are no different than us.
At times we lose the game but another game will be played.
No matter who we are, and what we have done his compassion is there.
When we are weak he will carry us.
You need a little rest.
Take time out.
When you are ready to play, I'll put you in.
Our coach has never reprimanded us.
He has never cursed at us.
He is forever patient and kind.
He does not cheat to win the game.
He does not demean us.
You stupid son of a ***
He only encourages us.
Cheering us and rooting for us.

The Greatest Gift Of All

What is the greatest gift of all?

Is it a million dollars?

How about a brand new car?

How about a mansion?

Or a trip around the world.

These are great gifts to have.

Yet I feel the greatest gift of all is to discover your true nature.

Who are you?

This is the greatest gift you can have.

Ponder this in your mind.

You can solve this puzzle.

Linda Graham

Linda is a dear friend of mine.
She has a heart of gold.
She loves humanity to the core.
Linda loves to meditate.
I love talking to her.
She provides so much wisdom that is occurring in her life.
I'm like a kid in a candy store.
Yet this is sugar to my soul.
My teeth don't decay but my soul gets fulfilled.
I have known her for many moons.
This isn't the first go around.
We have known each other for eternity.
Both of us are walking on the same path yet the path is different for all.
We inspire each other to be kind and compassionate.
The world can only change through kindness and compassion.
At times the world sees only through black and white.
For many moons this has been the way.
We talk about seeing in color.
Meditation changes the way of seeing through the black and white of life.
Meditation brings the colors of kindness and compassion to the forefront in life.
In each and every moment we have free choice to see the true colors of life.
You are the universe.
You just don't know it.
There are only a few people who I can talk about such matters.
Linda is one of them.
We are on the same wavelength in life.
We know the greatest riches lies within.
When you are rich in heart you do not hoard your riches.
When you are rich in life you freely give away kindness and compassion to all.
Even to your so called enemies.
Which in reality don't exist only in your state of mind.
You see a wise person know the well is eternal.
The waters of kindness and compassion are endless.
Linda is always learning how and practicing to go to the next level in the video
game of life.
Life will throw us curve balls.
We can react as leaves blowing in the wind and get upset.

Or

One can see this as a golden opportunity to just smile.

But doing this one goes to the next level in the video game.

There are infinite levels in the video game.

Only kindness and compassion will take you to another level.

Linda helps me to learn about playing this video game of life with more awareness.

We are all on the same boat together.

We all have free choice and free will.

I love the universe provides me with such wonderful people to help me on this
incredible journey of life.

Thank you Linda for who you are.

I love you.

Merry Christmas

I love you.
It's 4:52 AM on Christmas morning.
You add the numbers up and they equal 11.
Now 11 is a master number.
You could say the Christ was an incredible master.
Many great masters have come and gone on this earth.
Today we celebrate the birth of the Christ.
Take a moment during the day and just close your eyes.
In the silence lies the Christ.
Christ has never left us yet his body is long gone.
In each and every step we take God is walking with us.
We are never alone.
In the silence we can understand this mystery.
Words only describe the apple.
Only by eating the apple can we understand the apple.
Regardless of your religion love and kindness is keeping you alive.
There is a thread of love tying us all together.
Sit still and listen.
The world would change for the better.
Lo and behold the kingdom of heaven lies within.

The Greatest Magician

Man has been trying to solve the magic of life for a long time.

We look at the magic of the sun, moon, and stars.

We look at the magic of the universe.

We look at the magic of this earth?

So diverse.

We look at the magic of our human body.

What an incredible machine?

We look at the magic of gravity?

We look at the magic of black holes?

It truly boggles the mind.

The magician has no tricks up his sleeve?

Most magicians just perform tricks.

This magician magic is real.

The magician's magic lie inside.

Words can never describe.

Our mind is finite while our soul is eternal.

Come and realize the magic inside.

The Greatest Show On Earth

Is this life the greatest show on earth?
Is this life a circus?
Are we going around in circles?
As PT Barnum said a sucker is born every moment.
It seems that man has been in a rut for a very long time.
It seems to be so long that many think we will blow this circus apart.
I don't think so.
Peace will be on this earth.
The greatest show on earth is taking place.
We as a whole want peace.
The light is shining.
The light will dispel the darkness of man.
Discover who you truly are.
You will then solve this riddle.

The Hack

I remember watching the debates between Clinton and Trump.

At one point Donald said on live TV the following.

He urged the Russians to hack into and release Hillary's emails.

If he said this 60 years ago he would have been thrown into jail.

The Russians did hack us.

The CIA, FBI and all the intelligent agencies said Russia did the hack.

Donald said they were telling a lie.

Does Mr. Trump know more than the entire intelligence gathering of America?

He refuses to receive his daily briefings.

It takes time away from his affairs.

Yet you are the President.

This is your new job.

The world changes hour by hour.

You need to know and respond moment by moment.

Your job is not a walk in the park.

Only time will tell what you did during your presidency.

The Hotel

Is this life a hotel or is this our real home?
A hotel is temporary.
You stay for a few nights and go on.
Our life is a blink in time.
We come in and check out before we know it.
Yet we think this is our home.
We have a home but it's not the hotel.
Mind you the hotel is an incredible place to be.
But remember you're true home?
Where did you come from?
Where are you going?
This life is a grand journey.
Open up to the register of life and see when you checked in.
You will see that we all have the same address.
We have simply forgotten.
Welcome to the hotel of this life?
We're here to guide you back home.

The Inner Beacon

Can you imagine before you were born you and God were together?

You are the universe.

We come into this world and slowly through time we forget where we came from.

Over time we completely forget.

Yet God placed a beacon inside of us.

Maybe at nighttime, you might come out of a dream sensing that I'm more than
this human body.

A nudge here and there.

The beacon is always broadcasting you are never alone.

The signal of life is keeping you alive.

The great mystery lies inside of your heart.

You alone can solve this mystery.

The beacon lies within.

Open up your heart.

The Inner Well

Imagine you're in the dessert and you are looking for water.

Your lips are parched.

Your body is dying.

The only thing on your mind is I need water.

You have visions of water but they disappear in the distance.

I see a mirage.

Suddenly an old man appears and says are you thirsty?

He leads you to a well where you drink to your delight.

He says stay here for a while.

Get some rest.

I'll cook you a fine dinner.

Here are some clean clothes to wear.

There is a well within.

Christ said he who would drink the living waters of life would have everlasting life.

This well is keeping you alive.

There is no substance on earth that will get you higher.

There are no harmful side effects.

This is your true nature.

The Internet Hacker

Where do you come from?
Do you like to create destruction?
Do you get your jollies to bring Amazon.com, eBay, YAHOO and ZDNet to the
ground?
Have you ever heard that for every action there is an opposite reaction?
What purpose do you have?
Do you have any ethics?
You would probably get pissed off if someone broke into your house.
What you are doing is a serious crime.
This is not a small childish prank.
Why not use your creativity to build a better world, not to bring it down.
How would you feel if it happened to you?
Imagine if you had a business and your business was brought down?

The Judgment Day

Many people are waiting for the judgment day.
Well guess what God does not judge you.
You judge yourself.
There will never be a judgment day.
God is love.
You have free choice.
When you are alive you create your own heaven or hell.
When you leave this planet God welcomes you.
Either you are a saint or sinner God welcomes you back home.
This is the love he has for you.
His message has always been.
The kingdom of heaven lies within.
You can transform yourself.
All the tools exist inside of you.
You are the universe.
The universe doesn't judge itself.

The Lantern

Throughout history, man has stumbled in the dark.
Man has a distrust with one another.
War is the norm.
I'll take what is mine.
This land belongs to me.
I'm going to rule you.
Darkness is in the land.
There is a lantern within us all.
It is not lit.
Now is the time to light the lantern.
This light will wake up mankind.
It will dispel the darkness around.
Peace will come to earth when mankind lights the lantern within his heart.

The Light Of God

In Matthew 6:22 it says if thy eye be single thy whole body should be full of light.

What in the world does this mean?

Are we a Cyclops?

Do we have a monster within?

I heard this scripture many moons ago.

All religions talk about the light of God within.

God is Light.

Light is God.

We have the potential to discover this light within.

The kingdom of heaven is within.

This is not just words or a theory.

You have the potential to discover your true nature inside of you.

You are the universe.

You just don't know it.

This is a practical experience.

This experience builds upon itself.

The more you pay attention to it the more attention it will pay to you.

It's like a magnet of love.

Meditation brings a great love to yourself and the world.

It's very subtle.

Day by day you don't feel the practical results.

When you put seeds into the ground you don't see results overnight.

It takes time and effort to harvest your crop.

You can solve this puzzle.

You have free choice.

No judgments will be made.

The Sculpture

One of my major goals is not to be rattled by life.
It is extremely difficult.
Sometimes we can hit a curve ball out of the park.
While other times we strike out.
We are constantly learning in this adventure of life.
Nobody gets a free ride.
Even the Christ had to work on himself/
Once upon a time I heard a story about the Dalai Lama.
Every night before he goes to bed he goes over all of his activities of the day.
He sees where he can improve in each and every situation.
It's the small changes that matter in life.
We are all divine sculptures.
Nobody can change us.
We have to change ourselves.
The world would be a better place if we all did so.
It's not easy yet ultimately it's our destiny
We are the universe.
We just don't know it.
Just think even scientists know that our bodies are made of star dust.
We came from the stars.
The Indians say this world is an illusion.
It's like going to the movies.
We get sucked into the drama.
Yet just turn your head around and you will see light streaming from the projector/
The light hits the screen and creates a moving picture.
Ponder this over.
You are a sculpture.

The Lightworker

The light worker is Gods handyman.
You will probably never know their line of work.
They work behind the scenes.
They are proud of their work yet they never gloat about it.
You probably have one at work.
They just shine light where they go.
Yes, they are not perfect.
They make mistakes.
Yet they learn from them.
It a constant job that why its call a light worker.
They shine light all over the world.
The light of God dispels darkness on this land.
The light worker uses God light to dispel darkness.
This light will transform man.
Peace will be on this earth.
You just wait and see.

The Lovers

Can you feel the warmth of your lover?
Can you taste the breath?
The body is on fire.
Both souls yearn for one another.
Electricity is charged in the air.
The lovers are involved in deep passion.
Waves of love flood into our beings.
The intensity builds.
The mind is intoxicated.
Both lovers are totally absorbed.
At the height of ecstasy, the soul transforms and the lovers release.
We become one.
Our beings are melted.

The Modern Day Man Looks For God On The Moon And Beyond

The modern day man looks for God on the moon and beyond.
He studied the molecular structure of nature.
Through his telescope, he looks for him in all reaches of the universe.
He sends out satellites to search for the unknown.
Yet he doesn't find the answers he is looking for.
The wise man looks into his heart and finds the hidden treasure.
He finds his way home.

The Mosquito Itch

Have you ever been bitten by a mosquito mind?
The mind itches and you are bothered by something.
Yet you don't know what it is and you feel off-centered.
You can't pinpoint what's going on?
Did you know that meditation and paying attention to the itch will soothe it away?
Meditation will help focus where the itch is.
Once you can see it you can focus on it and embrace it.
Once you embrace it, it will disappear.
The Buddhist were the original phycologists.
They have been studying the mind ever since Buddha was around.
They are experts in positive mental health.
Did you know it was only 30 years ago did western phycologists studied positive
mental health?
We need as a society to have a positive mind.
How would the world change for the better?

The New Dawning Of Man

Is this the new dawning of man?
Have we reached a point in history where we can say let's get rid of the old?
War has raged on this planet and what has it created.
Another war.
We should have blown up the planet by now.
Armageddon should have come and this land would have been barren.
Yes, a new dawning of man is coming.
You just wait and see.
The entire universe is cheering for us.
The new dawning of man is coming.

The Older You Get

The older you get on this journey of life the wiser you get.
I've been meditating for over 45 years.
In the beginning, you thought you knew so much about this journey of life.
We are like babes in the woods.
Day by day this journey goes on.
Year by year this journey goes on.
Life throws you ever thing along the way.
You get wiser and more mature in every way.
You learn to balance the inside and outside.
You listen to your body, mind, and God.
You realize you are never alone.
That's a huge one.
You realize that when you get laid off another job is on its way.
You realize in God's time everything will sort out.
In fact, God has no time but everything will turn out all right.
I'm proud of this journey.
It has made me humble.

